



T & T Tutor World, Inc.

APRIL 2021 NEWSLETTER

Thank you for viewing our April 2021 newsletter. In this edition, you will find information on recipes, child nutrition labels, training, enrollment forms, and much more. This is all provided to you to help improve the quality of your program. Enjoy!

ENROLLMENT POLICY

Daycare **homes** are required to send in enrollment forms for new children within two days of the child enrolling in your daycare. Forms for renewal children must be sent in during your assigned renewal month.

Daycare **centers** are required to update and submit new enrollments, or renewed enrollments, weekly. Please stay on top of

these forms to avoid disallowances on your claim.

In all cases, no enrollment forms should be submitted with your claim. Enrollment forms that come in with the claim will be set aside and processed after the claim to credit for the next claim period.

RECIPES

Are you serving foods that contain multiple meal components? Are you mixing multiple food components together and then serving it to your children? Do you make sandwiches, spaghetti, lasagna, tacos, stir fry, or any other food items like these? These are called combination foods. Combination foods include multiple food components such as: grain and meat/meat

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alt, or grain and vegetable, or meat and vegetable, etc...

Combination foods require a recipe. There are several recipe websites you can get recipes from like the ones listed below.

- <https://www.myplate.gov/myplate-kit/chen/recipes>
- <https://theicn.org/cnrb/>
- <https://www.fns.usda.gov/tn/team-nutrition-recipes>

You can also make your own recipes. If you choose to make your own recipe, it must include:

1. Ingredients
2. Measurements/weight
3. Directions
4. Serving Size

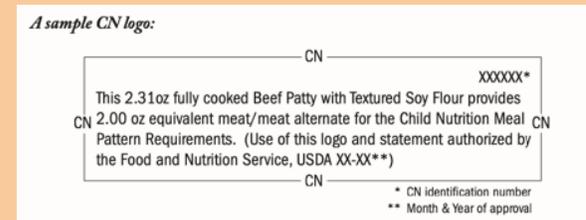
When choosing or creating recipes, remember the serving size must be enough to feed the enrollment in your daycare. See the [Standardized Recipe Template](#) for creating your own recipes.

If you choose to serve food that normally would require a recipe but you are not doing any mixing, please notify the office staff via email. We will keep that email on file so we know you serve the food components separately.

T&T Tutor World, Inc. is the leader in guidance and tools for supporting child care providers to serve nutritious meals.

CHILD NUTRITION LABELS

Commercially prepared food items require a child nutrition (CN) label. Examples of these are: fish sticks, chicken nuggets, sausages, pizzas, ravioli, burritos, beef patties, etc... These are food items you did not make yourself, you purchased them. These are food items that contribute to the meat/ meat alternate component of the meal pattern.



How to identify a CN Labeled Product

The first step is knowing which food items will need a CN label. While purchasing the food item, look on the packaging for the label. It looks like the one above. An approved CN label will have the information below.

1. the CN logo, which is a distinct border;
2. the meal pattern contribution statement;
3. a unique 6-digit product identification number (assigned by FNS) appearing in the upper right hand corner of the CN logo;
4. the USDA/FNS authorization statement;
5. the month and year of final FNS approval appearing at the end of the authorization statement;
6. plus the remaining required label features: product name, inspection legend, ingredient statement, signature/address line, and net weight.

If you would like to check the status and expiration of a cn label you have on file, view the [CN Label Verification Report](#). This report was updated 3/11/2021.

When viewing this report, press ctrl f to search your cn number. Once it comes up, you will see:

1. Product Description
2. Serving Size
3. CN Crediting
4. Expiration
5. Company

If you have purchased an item that does not have a cn label on it, but requires one, call the [manufacturer](#) to obtain one.



All providers and centers are required to attend annual training. T & T Tutor World, Inc. has provided three virtual webinars to fulfill this mandatory requirement. **If you have not participated in all three trainings, you are out of compliance.**

To come into compliance, view the training you are missing below. There will be questions asked throughout the recorded webinar. To receive credit for the training, email the answers to the questions to lhorton@tandtutorld.org. Once you have emailed in your responses, you will receive a certificate sent back to you via email.

Using Ounce Equivalents for Grains in the CACFP 1/14/2021
<https://attendee.gotowebinar.com/recording/1625652543248385037>

Required Records in the Child and Adult Care Food Program (CACFP) 2/16/2021
<https://attendee.gotowebinar.com/recording/7330084895135772941>

Civil Rights, Serious Deficiency, Appeal Procedures 3/16/2021
<https://attendee.gotowebinar.com/recording/4338325851203678214>



Bi- Monthly Conference Call Schedule

DC Homes: 4/19/21 @ 1pm
NC Homes: 4/20/21 @ 1pm
DC Centers: 4/21/21 @ 1pm
SC Homes: 4/22/21 @ 1pm
SC Centers: 4/23/21 @ 1pm

To join the conference call, please dial 1-302-202-1118 and enter the conference code 499190.

PRESIDENT'S CORNER

Join us in celebrating T & T Tutor World, Inc. 40th year of being in business. Stay tuned for more information as we plan our Celebration. The Celebration will take place:

- When- December 2021 (exact date to be determined)

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- Where- Myrtle Beach, SC
- Time- 7:00pm
- Fee- TBA once all details are gathered



Reasons to make water available to Children

During the early years (and beyond), drinking water is essential for good health. It helps the digestive system by moving food through the body. Water helps to cushion joints, protect the spinal cord, and support a normal body temperature. Drinking water is a great alternative to sugar-sweetened beverages, like soda and juice. Also, water helps to keep active and growing children hydrated. Because of these and other benefits, child care professionals operating the Child and Adult Care Food Program (CACFP) must make drinking water available and offer it to children throughout the day.

NON DISCRIMINATION STATEMENT

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email:

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Las personas con discapacidades que necesiten medios alternativos para la comunicación de la información del programa (por ejemplo, sistema Braille, letras grandes, cintas de audio, lenguaje de señas americano, etc.), deben ponerse en contacto con la agencia (estatal o local) en la que solicitaron los beneficios. Las personas sordas, con dificultades de audición o discapacidades del habla pueden comunicarse con el USDA por medio del Federal Relay Service [Servicio Federal de Retransmisión] al (800) 877-8339. Además, la información del programa se puede proporcionar en otros idiomas.

Para presentar una denuncia de discriminación, complete el Formulario de Denuncia de Discriminación del Programa del USDA, (AD-3027) que está disponible en línea en: http://www.ascr.usda.gov/complaint_filing_cust.html y en cualquier oficina del USDA,

o bien escriba una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncia, llame al (866) 632-9992. Haga llegar su formulario lleno o carta al USDA por:

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Esta institución es un proveedor que ofrece igualdad de oportunidades.

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