

# DC/NC HOMES SEPTEMBER NEWSLETTER

Volume 1 / Issue 1

## NEW RATES

### ❖ Breakfast

- Tier I \$1.31
- Tier II \$.48

### ❖ Lunch/Supper

- Tier I \$2.46
- Tier II \$1.49

### ❖ Supplement

- Tier I \$.73
- Tier II \$.20

New rates effective as of July 1, 2016



## Annual Enrollment Form Renewal Reminder

Please remember that Providers with last names starting with letters A-M should have new enrollment forms completed on all the children in your day care homes and sent to the Charleston office for North Carolina providers and the DC office for DC providers by June annually.

Providers with last names starting with letters N-Z should have all new enrollment forms completed and sent to the Charleston office for North Carolina providers and the DC office for DC providers by August annually.

## Recipe/CN Label Policy

It is required that you submit your CN label for all required food items and submit your recipes for all combination foods along with your menus monthly.

CN labels and recipes should also be filed in your Food Program binder.

When inputting menus into Minute Menu, it is now required that you indicate which foods you have a recipe/CN label for under the menu notes if you file electronically or by marking them with an asterisk on the dated menu and putting “\* recipe/CN label on file” at the bottom of the dated menu if you file manually.

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*“The will to succeed is important, but what’s more important is the will to prepare.”*

*–Bobby Knight*

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## Training

All providers are required to attend annual training. Below you will find the location and dates for upcoming workshops. Please inform the office staff about your plans to attend and how many will be in attendance.

### DC:

Location TBA December 10, 2016

### NC:

Greensboro, NC November 5, 2016

Durham, NC December 10, 2016

Smithfield, NC March 11, 2017

Raleigh, NC April 8, 2017

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T and T Tutor World, Inc.  
Consultants for Education  
and Nutrition



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## MISSION STATEMENT

T&T Tutor World, Inc. is the leader in guidance and tools for supporting child care providers to serve nutritious meals.

## President's Comments

Water should be made available to children :  
all times.

Please encourage children to drink water in  
between meals.

St. Henderson, NC May 13, 2017

## MILK

- 2% milk is not approved
- Whole milk should be served to children under 2 years old.
- 1% milk and skim milk should be served to 2 year olds and older

A Medical statement is needed for the child(ren) that cannot drink cow milk. The medical professional must indicate the substitution(s) (milk) that the child can be served.

## MAKE EATING A PLEASURE

- ❖ Serve meals in a bright and attractive room.
- ❖ Select and arrange food on plates in ways that make the meals interesting and attractive.
- ❖ To make meals interesting, include a variety of colors, flavors, textures, and shapes. Differences in temperature can also add interest. For example, crisp, cool, raw vegetables can be a nice contrast to warm soup.
- ❖ Set a good example. Eat at the table with the children and encourage conversation.

## MONITOR VISITS

Be ready and prepared at all times for day care visits.

Please remember that you are required to have two (2) unannounced and one (1) announced visit during the fiscal year between October 1st - September 30th.

You may receive more than three (3) visits if we have to conduct a follow-up visit on your facility.

Your paperwork should be on hand and up to date at all times. Your paperwork for the current fiscal year should be available in your home and the previous three (3) years should be reachable within an hour

The following forms and/or paperwork should be in place at all times:

- ✚ Binder with all forms to include
  - Application
  - Agreement
  - Annual certification
  - Contractor's certification (NC)
  - Enrollment forms
  - Income approval letter to claim own children
  - Cn labels/recipes
  - Dated menus
  - Meal count/attendance
  - Time in & time out forms
- ✚ Current month's menus should be dated and posted
- ✚ Posted license/registration.

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