

**South Carolina Department of Social Services • Child and Adult Care Food Program (CACFP)
WEEKLY MENU FORM**

Provider's Name: <u>Cycle 1</u>		Month/Year: _____											
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
Calendar Date													
Breakfast	Fluid Milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk							
	Fruit, Vegetable or Full Strength Juice	banana (fr)	orange (fr)	strawberry (fr)	apple (fr)	peach							
	Bread or Bread Alternate(s)	oatmeal	Kix cereal	cheerios	whole wheat bread	enriched quaker oats grits							
	Additional Food (Optional)				peanut butter								
AM Snack	Choose 2 of These 4: Fluid Milk												
	Fruit, Vegetable or Full Strength Juice												
	Bread or Bread Alternate												
	Meat or Meat Alternate												
Lunch	* Main Dish	<small>CN</small> <small>PS</small> <small>HM</small> Baked Chicken	<small>CN</small> <small>PS</small> <small>HM</small> meatloaf	<small>CN</small> <small>PS</small> <small>HM</small> spaghetti	<small>CN</small> <small>PS</small> <small>HM</small> Beans N Franks	<small>CN</small> <small>PS</small> <small>HM</small> Chicken Wrap	<small>CN</small> <small>PS</small> <small>HM</small>	<small>CN</small> <small>PS</small> <small>HM</small>					
	Fluid Milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk							
	Meat or Meat Alternate	Baked Chicken	ground turkey	ground beef	***beef frank	***Chicken Nuggets							
	Vegetable or Fruit	lima beans	broccoli (fr)	tomato sauce	baked beans	romain lettuce/ cucumbers							
	Vegetable or Fruit	tangerine	mango	cantaloupe	pineapple	grapes							
	Bread or Bread Alternate(s)	brown rice	whole wheat dinner roll	WG noodles	whole wheat dinner roll	Whole Grain Tortilla Wrap							
	Additional Food (Optional)					cheese/ranch							
PM Snack	Choose 2 of These 4: Fluid Milk	watermelon saltine cracker	cucumbers carrots ranch dressing WG Club cracker	peanut butter (optional) wheat bread (slice) 1% or whole milk	plain yogurt granola	wheat bread natural cheese (grilled cheese)							
	Fruit, Vegetable or Full Strength Juice												
	Bread or Bread Alternate												
	Meat or Meat Alternate												

* Key: **CN = Child Nutrition Label** **PS = Product Specification Sheet** **HM = Homemade**

DSS Form 1674 (JAN 00) Edition of SEP 98 is obsolete.

***084896 GOLDKIST CN WHOLEGRAIN HOMESTYLE BREADED CHICKEN NUGGETS
 ***042314//058993//058998/059007//059008 BEEF FRANKS
 Meatloaf: USDA recipe D580
 Spaghetti and Meatsauce: USDA recipe D350