

**South Carolina Department of Social Services • Child and Adult Care Food Program (CACFP)  
WEEKLY MENU FORM**

Provider's Name: <u>    </u> cycle 5		Month/Year: <u>    </u>						
		<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Calendar Date</b>								
<b>Breakfast</b>	Fluid Milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk		
	Fruit, Vegetable or Full Strength Juice	Raisins/ Banana	Tangerine	Banana	(can) pears	(Can) Pineapple		
	Bread or Bread Alternate(s)	WG Cheerios	WG Bagel	WG Chex Cereal	WG Kix (honey)	WG Toast		
	Additional Food (Optional)					Boil Egg		
<b>AM Snack</b>	Choose 2 of These 4: Fluid Milk							
	Fruit, Vegetable or Full Strength Juice							
	Bread or Bread Alternate							
	Meat or Meat Alternate							
<b>Lunch</b>	* Main Dish	<small>CN PS HM</small> egg salad sandwich	<small>CN PS HM</small> beef liver	<small>CN PS HM</small> BBQ chicken	<small>CN PS HM</small> pinto beans	<small>CN PS HM</small> pepperoni pizza	<small>CN PS HM</small>	<small>CN PS HM</small>
	Fluid Milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk		
	Meat or Meat Alternate	egg	beef liver	oven BBQ chicken	pinto beans	pepperoni		
	Vegetable or Fruit	carrot	sweet potato	cooked broccoli	string beans	green peas		
	Vegetable or Fruit	apple sauce	mango	mixed fruit	honeydew melon	dry apricot		
	Bread or Bread Alternate(s)	WG Bread	brown rice	corn bread	brown rice	pizza crust		
	Additional Food (Optional)					tomato paste		
<b>PM Snack</b>	Choose 2 of These 4: Fluid Milk	Nabisco Wheat thins Slice Cheese (natural)	cheezit WG Apple juice	watermelon ritz crackers	bran muffin banana	saltine crackers orange juice		
	Fruit, Vegetable or Full Strength Juice							
	Bread or Bread Alternate							
	Meat or Meat Alternate							

**\* Key:** CN = Child Nutrition Label    PS = Product Specification Sheet    HM = Homemade

DSS Form 1674 (JAN 00) Edition of SEP 98 is obsolete.