

**South Carolina Department of Social Services • Child and Adult Care Food Program (CACFP)
WEEKLY MENU FORM**

Provider's Name: <u> Cycle 2 </u>		Month/Year: _____						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Calendar Date								
Breakfast	Fluid Milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk		
	Fruit, Vegetable or Full Strength Juice	strawberry (fr)	watermelon (fr)	banana (fr)	rasins/plain yogurt	peach		
	Bread or Bread Alternate(s)	Cheerios	WG Bagel	Kix Cereal	Wheat bread toast	oatmeal		
	Additional Food (Optional)				peanut butter			
AM Snack	Choose 2 of These 4: Fluid Milk							
	Fruit, Vegetable or Full Strength Juice							
	Bread or Bread Alternate							
	Meat or Meat Alternate							
Lunch	* Main Dish	<small>CN PS HM</small> stew chicken	<small>CN PS HM</small> Mac N Cheese	<small>CN PS HM</small> Chicken Stir Fry	<small>CN PS HM</small> Fish Sticks	<small>CN PS HM</small> Tuna Salad	<small>CN PS HM</small>	<small>CN PS HM</small>
	Fluid Milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk	1% or whole milk		
	Meat or Meat Alternate	chicken	cheese	chicken	fish sticks	canned tuna		
	Vegetable or Fruit	pinto beans	peas	broccoli	corn	celery (fr)		
	Vegetable or Fruit	pear	cantaloupe	pineapple	orange	mixed fruit		
	Bread or Bread Alternate(s)	rice	whole grain macaroni	brown rice	bread coating	whole wheat bread		
	Additional Food (Optional)	carrot	whole grain roll			tomato		
PM Snack	Choose 2 of These 4: Fluid Milk	1% or whole milk soft pretzel	1% or whole milk Whole wheat toast peanut butter	1% or whole milk WG Muffin	plain yogurt strawberries	apple Club crackers peanut butter		
	Fruit, Vegetable or Full Strength Juice							
	Bread or Bread Alternate							
	Meat or Meat Alternate							

*** Key:** **CN = Child Nutrition Label** **PS = Product Specification Sheet** **HM = Homemade**

DSS Form 1674 (JAN 00) Edition of SEP 98 is obsolete.

Tuna Salad: USDA RECIPE F-080
084263: 1 OZ CRUNCH BREADED FISH STICKS WHOLE GRAIN