

T&T Tutor World, Inc.

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Tandtutorworld.org



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Newsletter

New Standardized Recipes for CACFP Operators

The Food and Nutrition's Team Nutrition initiative has released a total of 40 recipes for use in the Child and Adult Care Food Program (CACFP). Team Nutrition developed these recipes in response to requests from State agencies, CACFP sponsoring organizations, and our partners for recipes that reflect a variety of cultures. The set of globally-inspired recipes are standardized to yield 6, 25, and 50 servings and include information on how the recipes credit towards CACFP meal pattern requirements. The recipes are available at:

<https://www.fns.usda.gov/cacfp-recipes>.

Recipes available include:

Central and South America (Including Mexico and the Caribbean)

Arroz Con Pollo
Baked Batatas and Apples
Baked Trout Olé
Beef Picadillo
Black Beans with Plantains
Red Beans and Rice
Quick Quesadilla
Red Pozole
Tropical Bean Salad

North America (Native Tribes and Southern Cuisine)

Collard Greens
Corn, Zucchini, and Tomato Pie
Creamy Wild Rice
Great Garden Soup
Mini Salmon Loaves
Southern Black-Eyed Peas
Squash Casserole

And much more...



Application Changes

If you would like to make any changes to your application, please mail it to the T&T Tutor World, Inc. office by the 15th of the month in order for it to take effect the next month.

Menus

When serving mixed fruits, fruit cocktail, mixed vegetable, or anything else with multiple fruits or vegetables in it, you must indicate what fruits or vegetables are being mixed in a footnote at the bottom of the menu. If you use the electronic system, you should put this note in the comments/ notes section.

When serving cheese or crackers, you must indicate on your menus what type of cheese or crackers you are serving.

Infants

Infants 6-11 months have **3 components at every meal.**

Breakfast/Lunch/Dinner

1. Breastmilk/ Iron Fortified Formula
2. Fruit or Vegetable
3. Protein (infant cereal, infant meat, beans, cheese, yogurt)

Snack

1. Breastmilk/ Iron Fortified Formula
2. Fruit or Vegetable
3. Form of bread (infant cereal, slice of bread, infant cracker)

Attendance Form

The attendance form must be sent in each month with your claim. Without this form your claim is incomplete and it will not be processed until that form is received.

Sanitation

Before each meal, please make sure all of your children wash their hands using soap and water. Hand sanitizer is a last resort if running water is not available.

SC and DC Centers

Receipts

You may list the taxes as an approved item in MMCX. You do not have to put them in the unapproved box under expenses when inputting your receipts.

Income Forms

Income forms are now being categorized by the center first and then by the T&T Tutor World, Inc. staff person to verify what was written. Please see the Enrollment Form/Income Form policy for instructions on how to do this.

IN STORE SHOPPING

Establishing a relationship with the managers of the stores you frequent is helpful when it comes to grocery shopping. Tell them the items you will need and the amounts so that they will have it in stock for you when you come to make your purchase.

Ask if the store has a nutritionist, dietitian, or chef on site. If they do, use this to your advantage. Ask them questions. The big stores should have at least one of these people there on site. They may not be there everyday but you can find out the days they are there and make an appointment to see them.